





Community Carnival Association together with Deal Tri & The Alexa Trust

1km OPEN WATER REGATTA SWIM **22**nd **July 2018**

Race starts prompt 13:30 pm, from Deal Rowing Club, The Marina, Deal to Deal Pier. (Registration from 12:30 pm & 13:20 pm swim brief)

ENTRY FORM

Name: D.O.B: Wetsuit

Non-Wetsuit

Address

House Number: Postcode:

Email:

Emergency Contact Name & Number: (Preferably a contact that's there on the day)

Please print off your own entry form and bring it, including your entry fee, on the day.



Events Organiser: Howard James, 07725227562, howard@thealexatrust.org

Memorandum of Activity

By reading & then signing below you or as a guardian acknowledge:

1. THE EVENT

The Regatta swim is an approximately a 1 km event from **Deal Rowing Club, The Marina, Deal, to Deal Pier,** tidal assisted.

2. WHAT'S INVOLVED

A mass start of no more than 60 swimmers. (After 60 entries, swimmers will be denied entry)

3. SAFETY

There will be a minimum of 4 kayaks, maximum of 5 to assist the swim. The RNLI boat will be out.

You will be counted IN and counted OUT.

It is IMPERATIVE that if you exit water earlier than finish, you let officials at race finish know ASAP.

CANCELLATION will be decided on the evening before or morning of 22rd, main factors being sea state/visibility.

A swim cap MUST be worn. A TOW FLOAT is very much preferred, but not as yet compulsory.

Along with Deal Tri & Carnival Association, we aim to make this swim FUN and SAFE with SUPPORT from kayakers & officials. You swim with YOUR knowledge of YOUR own capabilities. (You swim at your own risk)

You must attend & listen to the briefing scheduled for 13:20 pm at Deal Rowing Club. (Registration from 12:30 pm)

4. AWARENESS

Not intentionally, however open water swimming in masses can sometimes relate in with contact with others. Any 'on purpose contact' will not be tolerated + swimmer will be removed and disqualified.

5. EVENT FORM/FEE

Entry fee of £7.50 to be brought alongside signed entry on the day.

6. PRIZES

This years trophies will be awarded to 1st female and 1st male. REGARDLESS of wetsuit or not. Results will state w/s or n/ws.

7. REPRESENTED CHARITY

Monies raised will be donated to **The Alexa Trust**, Supporting Parents in Neonatal. www.thealexatrust.org

DECLARATION

I hereby declare that all information provided are correct and that I am an eligible competitor. I have read and will abide by the attached Memorandum of Conditions. I know of no medical condition/s or other impediments that would render my participation undesirable.

Signature of Competitor/Parents/Guardian (if under 18)

Date: