Abseil Challenge information for participants

I've never abseiled before!

Don't worry, no experience is necessary. The professional Company we are bringing in to stage the event will take care of you! You will get all the training you need on the day – that's why we ask you to arrive a bit early.

Can I bring my own equipment?

No. The professional company we are bringing to stage the event will supply everything you need to take part.

What if it rains?

The abseil will still take place if it rains and this will not affect your safety at all. In the extremely unlikely event that the Abseil is cancelled we will contact you to let you know so please ensure we have your full contact details.

If for any reason you cannot make it please let us know by calling the office on 0844 264 0292 or on the day of the event 07834907700

Can my family & friends come along and watch?

Yes of course, there will be a safe area where family and friends can watch to cheer you on.

Key Abseil Information...

Please wear walking boots or trainers (no stilettos please!), no dangly earrings or jewellery and please ensure hair is tied back. Dress appropriately for the weather. Jeans, T-shirts and a fleece or jumper are good along with a waterproof for the great British weather. If you are planning to abseil in fancy dress please remember you will be wearing a hat and harness – watch out for chafing!

Sorry, but no one under the influence of alcohol or drugs will be allowed to take part.

Weight limit – there is an advisory weight limit of 18 stone, we ask that you let us know if you are close to this weight so that we can ensure that we have the correct equipment to suit your needs.

Abseils can be physically demanding and should not be taken lightly, our abseil provider reserves the right to deny participants the opportunity to abseil if they feel there is a potential danger to the participant, people around him/her or if the participant's behaviour is a potential danger to the participant, people around him/her or threatens to bring organisations involved into disrepute.

Please let us know of any potential health problems prior to the event – this allows us to be fully prepared and to assess individuals sensibly.

Sponsorship...

Please make cheques payable to **KM Charity Challenge** and <u>bring this form with a cheque</u> for the total amount raised to the abseil event on Sunday, 12th November 2017, Thomas Place, Maidstone, Kent.

Please date your cheque 12th December 2017. Please retain a photocopy of your sponsor forms and ensure supporters tick Gift Aid box on form and put full <u>home</u> address on form and on reverse of any cheques.

Virgin Giving! – please bring a print out of your page with you!

MAIDSTONE ABSEIL 12th November 2017

(To be completed by the parents of any participant aged 17 years or below)

CHILD'S NAME

PARENT/GUARDIAN'S NAME		
ADDRESS:		
TEAM:		
CHILD'S AGE:	DATE OF BIRTH	
HEIGHT: (if known)	WEIGHT: (if known)	
PARENT/GUARDIAN'S TEL NO: (H) TEL NO: (M)		

Please sign and return this form prior to the event.

Please note that the event that you have registered your child to take part in requires a certain level of fitness. When registering to take part in this event you do so at your own risk, and therefore your child should be fit to participate. If you are in any doubt please seek further information about what the event entails; seek medical advice if appropriate and inform event organisers of any relevant medical conditions your child may have. You should advise the event organisers immediately of any medical condition arising after registrations that might affect your child's participation and you should withdraw them from the event if you have any doubts about their fitness to participate.

Over The Edge Adventures UK Ltd (OTEA UK Ltd) is running this event independently of KM CHARITY TEAM. KM CHARITY TEAM have no responsibility for the equipment supplied, the instruction and supervision given, the safety procedures or the suitability of THOMAS PLACE, MAIDSTONE (HERINAFTER KNOWN AS THE VENUE) in relation to this event.

We reserve the right to remove any participant who does not abide by any safety guidelines, supervision or instructions provided.

KM CHARITY TEAM and its employees, agents and volunteers are under no liability whatsoever to participants or spectators in respect of any loss or injury which may be sustained in the course of this event, which does not arise out of their negligence resulting in death or personal injury.

I the undersigned agree for my child to take part in the Abseil at THE VENUE. I realise that OTEA UK Ltd is running the Abseil Independently of KM CHARITY TEAM as an independent contractor and not the agent or server of KM CHARITY TEAM. I understand that KM CHARITY TEAM has no responsibility for the equipment supplied, the personnel used by OTEA UK Ltd the instruction and supervision given, the safety procedures, ensuring the suitability of THE VENUE or otherwise in relation to the Abseil. I therefore acknowledge that KM CHARITY TEAM and THE VENUE bear no responsibility for my child's safety during the period that they are under the supervision of OTEA UK Ltd.

I understand that the event may be cancelled or that my child may be stopped from abseiling on the grounds of safety.

SIGNED:	DATE:
(Parent/Guardian)	

KM Charity Team regularly receives publicity in the media and on the KM Charity Team websites It is our policy to use full names and ages for newspaper articles and first name and age only for stories on our own website. Do you approve your child being involved in KM Charity Team publicity and photocalls on this basis?

Yes/No

SIGNED:DATE:DATE:

Return to: KM Charity Team, Gazette House, 5-8 Boorman Way, Whitstable CT5 $3\mathrm{SE}$